

# *Carbon County* RECREATION ACTIVITIES

Winter/Spring 2019



**FREE**

Please take one

Published by Carbon County Recreation

435-636-3702 • [www.carbonrec.com](http://www.carbonrec.com)

Supplement to ETV News Sun Advocate & Progress

# CARBON REC

## Schedule of Programs, Classes, Activities, & Events • Winter/Spring 2019

The recreation office is located in Price at 450 South Fairgrounds Way • 435-636-3702 • [www.carbonrec.com](http://www.carbonrec.com)

### JANUARY

Jan 4	Little Eagles Basketball Deadline
Jan 8	North Springs Archery Club
Jan 8	PYSA Winter Academy
Jan 9	Co-Ed Cornhole Starts
Jan 15	Women's Volleyball Deadline
Jan 15	North Springs Archery Club
Jan 16	Co-Ed Cornhole League
Jan 16	CPR/ First Aid Class
Jan 22	North Springs Archery Club
Jan 23	Co-Ed Cornhole League
Jan 29	North Springs Archery Club
Jan 30	Co-Ed Cornhole League

### FEBRUARY

Feb 1	PYSA Spring Registration Opens
Feb 5	North Springs Archery Club
Feb 6	Co-Ed Cornhole League
Feb 12	North Springs Archery Club
Feb 13	Co-Ed Cornhole League
Feb 19	North Springs Archery Club
Feb 20	Co-Ed Cornhole League
Feb 26	North Springs Archery Club
Feb 27	Co-Ed Cornhole League

### MARCH

Mar 12	USA Fast Pitch Softball League Registrations Deadline
Mar 14	Youth Soccer Deadline
Mar 14	Youth Volleyball Deadline
Mar 14	Youth Girls Softball Registration Deadline
Mar 14	Pickle Ball Registration Deadline
Mar 15-16	Home Garden & Outdoor Expo
Mar 20	CPR/ First Aid Class

### APRIL

April 5- 6	What a Woman Wants Expo
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### MAY

May 15	T-Ball Registration Deadline
May 15	Men's & Women's Softball Deadline
May 15	CPR/First Aid Class
May 17-18	Dino Quarry Classic Softball Tournament 14 U Soft-

ball Tournament

May 24-25	Sagebrush Shoot out 10/12U Softball Tournament
May 28-30	PYSA Competitive Soccer Tryout
May 31 – June 1	Black Diamond Brawl 18U Softball Tournament

### JUNE

June 1	Mike Ballard Memorial Fundraiser
June 3	Day Camp Begins
June 25-28	PYSA Summer Camp

### JULY

July 17	CPR/First Aid Class
July 24-27	Pinnacle Peak Tournament
July 26	International Days Kids Day
July 27	International Days 5K Run
July 27	Horse Shoe Tournament
July 27	3 on 3 Basketball Tournament

### AUGUST

August 1	PYSA Fall Registration Deadline
August 17	Helper Arts Festival 5K run
August 23	Tackle Football Registration Deadline

### SEPTEMBER

Sept 5	Fall Soccer Registration Deadline
Sept 5	Flag Football Registration Deadline
Sept 18	CPR/First Aid Class
Sept 26	Co-ed Volleyball Registration Deadline

### OCTOBER

Oct 5	Breast Cancer Awareness Co-ed Softball Tournament
Oct 12	Harvest Ball at The Carbon County Event Center
Oct 19	White Lady 5K Run
Oct 25-26	Monster Mash USA Girls Softball Tournament 14U/18U Divisions

### NOVEMBER

Nov 5	Junior Jazz Registration Deadline
Nov 20	CPR/First Aid Class

# CARBON REC'S *philosophy*

The mission of Carbon Rec is to provide recreation and lifelong learning opportunities to every resident of the county.

We attempt to keep costs as low as possible in all programs. Thanks to the County Commission and Carbon School District fees are half that of many other communities.

People who are involved in wholesome recreational activities are happier and better adjusted than people who are not. We do not give cash prizes nor banquets. Prizes for league champions are modest. Participation and fun is always our emphasis, not winning.

Our goal is to exceed the expectations of every participant in every program. While that is not always possible,

that is always our goal. If we come up short, we want to hear from you. While complaining does no one any good, constructive criticism can be productive and is always welcome.

While we expect everyone to contribute, we will never turn a child away from any of our programs for inability to pay. If you can't afford a program for your child, ask us. We may be able to help.

We are always looking to broaden our offerings. It is our pledge to offer anything that fits within our mission and that the community will support. If you want to do something, call us. If you have a talent you would like to share with the community, call us. We are always open to new ideas.

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**Carbon Leisure** is a comprehensive guide to activities in Carbon County. It is published three times a year; in May, August, and December. Our goal is to include all recreation, lifelong learning, adventure, and enrichment programs. If your program is not in this issue, call Carbon Rec for information about how your organization can be involved.

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## CARBON REC'S MISSION:

*“To provide recreation and lifelong learning opportunities to every resident of Carbon County.”*

# CARBON COUNTY EVENT CENTER ROOM RENTAL

<b>Conference Room</b> (Up to ten people)	Conference	N/A	\$30.00	\$50.00
<b>Classroom Instruction</b> ( 50 people with tables, 100 people without)	112	N/A	\$60.00	\$100.00
<b>Business Meetings or Personal Events</b> (Up to 350 people)	118A, 118B, or 118C	N/A	\$250.00	\$500.00
<b>Business Meetings or Personal Events</b> (350 to 700 people) Pick 2 Rooms	118A, 118B, or 118C	N/A	\$500.00	\$1,000.00
<b>Business Meetings or Personal Events</b> (700 to 1000 people) All 3 Rooms	118A, 118B, or 118C	N/A	\$750.00	\$1,500.00
<b>Amphitheater</b>		\$50.00 hr. over 8 hour limit	\$100.00	\$175.00
<b>Kitchen</b>			\$200.00	4 + \$50 hr.
<b>Holiday Fees</b>		DOUBLES	DOUBLES	DOUBLES
<b>Stage</b>	4 PIECES	(8X16) = \$50.00	EACH ADDITIONAL	Piece is \$10.00
<b>Forklift/Scissor Lift</b>		\$50.00		
<b>Vendors</b>				
<b>Ball Fields/Moto X</b>			Call for Pricing	
<b>Concession Building</b>			Call for Pricing	
<b>Batting Cages</b>		\$20.00 per hour per cage.	Call for availability,	will need time to set-up.

## CARBON COUNTY RECREATION POLICIES

Pre-registration is required for all programs. Programs have a minimum participation requirement and will be cancelled if there are not enough registrations. Register early, some programs fill to capacity.

Due to circumstances beyond our control, some details may change. Call to confirm dates and times.

All registrations must be made at the Recreation office. Schools cannot accept registrations.

Financial assistance is available to children from families who qualify. If you cannot afford a program, ask. Assistance may be available.

Carbon Rec has a strict refund policy. In some instances refunds cannot be given, such as deposits for workshops or rental equipment. Please ask about the refund policy before registering.

## COMMUNITY CONTACTS AND RESOURCES

Active Re-Entry Independent Living • 435-637-4950  
 Adult Education • 435-613-3136  
 Avalon House - Transitional Housing • 435-472-2028  
 Baby your Baby • 435-637-3671  
 Boy Scouts, Price Office • 435-637-8059  
 Bureau of Land Management, Price • 435-636-3600  
 Carbon County Animal Shelter • 435-636-3747  
 Carbon/Emery Rape Crisis Line • 866-894-8610  
 Carbon County Food Bank • 435-637-9232  
 Carbon County Chamber of Commerce • 435-637-2788  
 Carbon County Fairgrounds • 435-636-3214  
 Carbon County 4-H • 435-636-3233  
 Carbon County Recreation • 435-636-3702  
 Carbon Retired Senior Volunteers • 435-636-3204  
 Carbon School District • 435-637-1732  
 Carbon County Senior Citizen Center • 435-636-3202  
 Castle Country Office of Tourism • 435-636-3701  
 Child Care Resource and Referral • 435-613-5619  
 Children's Justice Center • 435-636-3739

Coal Country Housing Management • 435-637-5170  
 Desert Lake Waterfowl Mgmt Area • 435-653-2900  
 Desert Wave • 435-637-SWIM (7946)  
 Division of Wildlife Resources • 435-613-3700  
 Division Of Child & Family Services • 435-636-2360  
 Early Headstart Program • 435-613-9492  
 Emergency Assistance, Assoc. of Local Govt. • 435-637-9232  
 Domestic Violence Program • 435-381-4743  
 Family Support Center • 435-636-3739  
 Forest Service, Price • 435-637-2817  
 Forest Service, Ferron • 435-384-2372  
 Four Corners Mental Health • 435-637-2358  
 Habitat For Humanity • 435-637-9701  
 Health Dept. Carbon County • 435-637-3671  
 Health Dept Emery County • 435-381-2252  
 Health Department (Emery) WIC • 435-381-2252  
 Housing Authority Carbon County • 435-637-5170  
 Hunter Safety Program • 435-613-3700  
 Huntington State Park (Huntington Lake) • 435-687-2491  
 Intermountain Specialized Abuse Treatment • 435-637-4852

Juvenile Justice Services Center • 435-636-4720  
 Lighthouse Life & Learning Center • 435-637-7540  
 Life Line Pregnancy Assistance and Support • 435-636-0700  
 Local Interagency Council • 435-613-3145  
 Northeastern Services • 435-637-6134  
 Perkie Travels- Active Re-Entry • 435-637-4950  
 Poison Control • 800-222-1222  
 Price City Library/Library Literacy Project • 435-636-3188  
 Price City Parks (Reservations) • 435-636-3181  
 Scofield State Park • 435-448-9449  
 State Corrections Adult Probation & Parole • 435-636-2800  
 United Way of SE Utah • 435-637-8911  
 Utah Safety Council • 800-933-5943  
 USU Eastern Athletics • 435-613-5371  
 USU-Eastern Health & Wellness Clinic • 435-613-5629  
 Vocational Rehabilitation • 435-636-2820  
 Victim Assistance - Carbon County Sheriff • 435-636-3250  
 Women's Services Castleview Hospital • 435-637-4800

# CARBON REC OUTDOOR TOURS

## RANGE CREEK

Range Creek has been referred to as "The Secret Canyon." It has been the subject of documentaries on Scientific American, KUED Television, and Time Team America. Stories have appeared in numerous magazines like National Geographic and Smithsonian.

Tucked away in an isolated canyon in Eastern Utah, Range Creek Canyon was virtually unknown to the world for 100 years. In 2003 the owners sold the property to the state of Utah. The canyon is now managed by the University of Utah Museum of Natural History.

## 9-MILE CANYON

9 - Mile Canyon has been called the longest art gallery in the world. Some of the most famous petroglyphs on Earth are found here.

These canyons were the home of the Fremont Indian culture for over a thousand years. They mysteriously disappeared about 800 years ago, leaving behind innumerable clues to their rich history.

## SAN RAFAEL SWELL

The San Rafael Swell is filled with mysteries to explore, some that date back thousands of years. Carbon Rec has been doing tours in 9-Mile Canyon and the San Rafael Swell for over 20 years and initiated tours in Range Creek Canyon over 10 years ago and is one of two tour companies allowed in Range Creek Canyon.

You will travel in air-conditioned vehicles from Price. Layne Miller and/or Juanita McEvoy will be your guide(s) on this remarkable journey through time. Together they have over 30 years of guiding experience. Their many stories add significantly to your experience.



## 2019 TOUR DATES

**Range Creek • Each tour is \$85**

June 15 and 22, September 7 and 21, October 5

**9-Mile Canyon • Call to Schedule a tour**

**San Rafael Swell • Call to schedule a tour**



**(435) 613-1512**

**406 South Hwy. 55, Price**

**Open 7 days a week!**

***We are a proud supporter of Carbon Rec and our youth!***

# RENTAL EQUIPMENT

## Rafts

	1-2 Days	3-4 Days	5+ Days	One Week
<b>BOAT</b>				
<b>14 FT</b>	<b>\$95</b>	<b>\$75</b>	<b>\$60</b>	<b>\$400</b>
<b>15.5 FT</b>	<b>\$105</b>	<b>\$90</b>	<b>\$80</b>	<b>\$525</b>

All oar boats include: frame, 3 oars, deck w/drop bag, bow line, flip lines, throwbag, repair kit, 14 asst. Straps, pump & up to 4 PFD's

	14 FT	\$80	\$70	\$55	\$375
<b>PABDATE</b>					
<b>15.5 FT</b>	<b>\$95</b>	<b>\$85</b>	<b>\$75</b>	<b>\$475</b>	

All paddle boats include: 8 Paddles, bow line, flip lines, throwbag, pump, repair kit, & up to 8 PFD's

## Inflatable Kayaks

<b>One Man</b>	<b>\$25</b>	<b>\$20</b>	<b>\$18</b>	<b>\$125</b>
<b>Two Man</b>	<b>\$30</b>	<b>\$25</b>	<b>\$22</b>	<b>\$150</b>

All Inflatable Kayaks include: PFD(s), paddle(s), repair kit, & pump

## Canoes

1-4 Days	5+ Days	One Week
<b>\$40</b>	<b>\$30</b>	<b>\$175</b>

All Canoes include: 3 PFD's, 3 paddles, & a bailing device. Multi-day rentals also receive a cooler & 2 dry bags



## THE GREEN RIVER DAILY

The Green River Daily is a one-day or half-day river trip. The 9 mile trip is the perfect mix of flat water and white water. Open to any age group and ability level, this section of river can be tackled in inflatable kayaks, paddle boats, oar rafts or paddle boards for the daring. On this section of the river, rafters float by the confluence of the Green River and Price River, where you can find Native American Rock Art panels. Wildlife frequently seen on this section of river are big horn sheep, birds of prey, along with migratory birds. All trips include lunch, please let us know of dietary restrictions.

Prices Start at: \$250 Minimum for 1-4 people - \$35 extra for each additional person up to 7, \$360 Minimum for 8 people -\$30 extra for each additional person up to 13.



## LABYRINTH CANYON CANOE TRIP

A trip through Labyrinth Canyon on the lower Green River can be enjoyed almost any time of the year. It is an easy, flat water stretch suitable for canoes, kayaks, and rafts of all types. This trip is 68 river miles from Green River to Mineral Bottom. The journey through Labyrinth Canyon on the Green River is a peaceful, remote excursion into Utah's Canyonlands as you take a journey in time exploring the history, geology and archeology this trip offers. Trips are a minimum of 3 Days.

Prices Start at: \$400 per person minimum of 3 people.



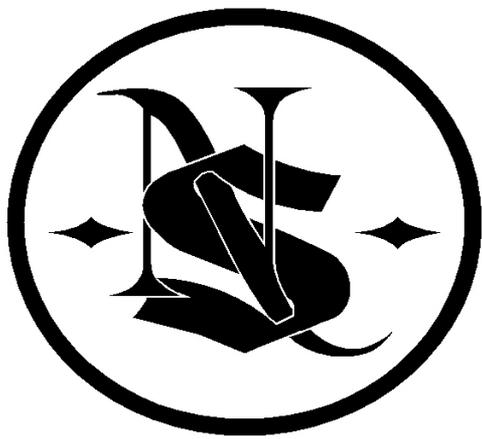
**THANK YOU**

For Making Us Southeastern Utah's Largest New Car Dealer

**2** LOCATIONS TO SERVE YOU

**AutoFarm**  
**PRICE FORD**  
 811 Westwood Blvd. (435) 637-1972  
 pricefordsales.com  
**PRICE CHRYSLER DODGE JEEP RAM**  
 354 S HWY 55 (435) 637-3360  
 pricechryslerdodgejeep.com

# THE BEST SHOOTING RANGE IN THE STATE



## North Springs

### SHOOTING RANGE

#### DIRECTIONS:

The range is 15 miles southwest of Price. Take SR-10 South from Price and follow the signs.

#### Hours:

Thursday-Sunday

9:00 am-Dusk

\*Closed All Holidays\*



#### LONG RANGE:

1000 yard, 600 yard, and 100 yard ranges with 50 covered shooting benches. Portable targets can be set at any distance.

#### PISTOL:

12 shooting bays and steel action target area.

#### ARCHERY:

70 Rhinehart 3-D targets on two separate ranges for all skill levels, plus 10 block targets.

#### LAW ENFORCEMENT:

Open to law enforcement only. Call for information.

#### COWBOY ACTION TOWN:

Complete Old West Town with 15 false front buildings and shooting bays for cowboy action and public shooting. Over 300 steel targets, Bucks place Cabin with full kitchen and four covered pavilions.

#### TRAP:

Automatic trap thrower with five stations. Clay pigeons available at the range or you may bring your own.



Events may limit access to some venues. If you're coming from outside the area, please call to make sure the venue you want is available.

A calendar of events can be seen at: <http://www.carbon.utah.gov/nssr/>

Call us at 435-650-7728 or email Range Manager Scott Olsen at [scott.olsen@carbon.utah.gov](mailto:scott.olsen@carbon.utah.gov)

# FOR A+ INTERNET YOU NEED



# FIBER OR STREAM

Internet from Emery Telcom

748-2223 613-9605 [emerytelcom.com](http://emerytelcom.com)

\*Not available in all areas, new customers only.

# CARBON REC RUNNING RACES

## Spring 2019

### Castleview 5K

Registration/check in at 8:30am; Race begins at 9:00am  
Parking Lot of Castleview Hospital

## July 11th

### Greek Festival 5K/Torch Run

Registration/check in at 7:30am; Race begins at 8:00am  
In Front of Greek Church

## July 27th

### International Days 5K

Registration/check in at 7:30am; Race begins at 8:00am  
Parking Lot of AARon Jones Dorms @ USU Eastern

## August 17th

### Helper Arts Festival 5K

Registration/check in at 7:15am; Shuttle begins at 7:30am;  
Race begins at 8:00am; Pavilion on helper parkway

## Fall 2019

### Push to Survive 5K

Register with CHS Drill Team, call for more information

## October 19th

### White Lady 5K

Registration/check in at 7:15am; Shuttle begins at 7:30am;  
Race begins at 8:00am; Pavilion on helper parkway

All carbon rec runs are \$15 per person and includes an event t-shirt, or \$25 for a family with no t-shirts. Additional t-shirts may be purchased for \$8 each

### Other runs that are not associated with Carbon Rec:

Spring 2019 Don't be a Butt-Head Stop Smoking 5k Health Department 637-3671

Spring 2019 Hope Walk - Health Department 637-3671

June 14th Lunatic Triathlon-S Merrell 613-7894

August 17th Lunatic Triathlon Helper-S Merrell 613-7894

September 28nd Active Re-Entry 5K Run, Walk, & Roll Active Re-entry 637-4950

November 28nd Turkey Trot- S. Merrell 613-7894

# UPCOMING SPORTS

## Little Eagles Basketball

Registration Deadline: January 4  
Fee: \$30 with a Jersey; \$22 without.

## Cornhole League

Registration Deadline: January 4  
Fee: \$75 per team, includes dinner each night  
The tournament will be held at the Carbon County Event Center on Wednesdays.

## Women's Volleyball

Registration Deadline: January 15  
Fee: \$225 per team  
Games will be played on Tuesday at Mont Harmon Middle School

## Spring Youth Soccer

Registration Deadline: March 5  
Fee: \$39 with a Jersey; \$25 without.  
Games will be played on Tuesday & Thursday evenings. For Ages 3+ All players need a jersey. You do not need to purchase one if you have one from past seasons.

## Girl's Volleyball

Registration Deadline: March 14  
Fee: \$40, includes a jersey  
Ages 10 and up. Games will be played on Monday and Wednesday at Mont Harmon Middle School.

## Girl's Softball

Registration Deadline: March 14  
Fee: \$90, includes jersey  
Ages 8 and up

## Pickle Ball League

Registration Deadline: March 14  
Fee: \$75, includes dinner each night  
Doubles League. Tournament will be held at the Carbon County Event Center on Wednesdays.

## T-Ball and Coach Pitch Baseball

Registration Deadline: May 15  
Fee: \$39 with a Jersey; \$25 without.  
Ages 4-7

## Softball Leagues

Registration Deadline: May 15  
Fee: \$375 per team  
Men and Women's League

*\*Registration/refund policy — Program fees must be paid prior to participation in any activity. You may register over the phone, but only by using a credit card to pay for the program. In some instances, no refunds or credit slips will be issued, such as deposits paid for tours or workshops. Ask about our refund policy before you register.*

*If a program is cancelled, a refund will be given. Refunds will not be given in any other instance. A credit slip may be issued, depending on the specific program.*

# FIRST AID/CPR CERTIFICATION

Instructor: Barbara Robinett

**JAN. 16 • MAR. 20 • MAY 15 • JULY 17 • SEPT. 18 • NOV. 20**

**PRE-REGISTRATION REQUIRED. WALK-INS MAY BE TURNED AWAY.**

Classes are at 6 p.m. at the Carbon County Events Center

Registration fee: \$40 Registration and payment must be made in advance. On-site registration (if there is room in the class) is \$50 NO EXCEPTIONS. Is it worth a few hours of your time to be prepared to save the life of someone you love?



**240 East 500 North  
Price, Utah 84501  
435-637-SWIM**

## Winter/Spring Hours

### PUBLIC SWIM WAVE POOL

MONDAY-FRIDAY 4-8 PM  
SATURDAY 12-8 PM

CLOSED SUNDAYS

### INDOOR POOL

SATURDAY 1-8 PM

### BIRTHDAY PARTIES \$40.00

**INCLUDES ADMISSION FOR 10,  
RESERVED TABLE WITH BALLOONS,  
10 ICE CREAM CUPS, AND 10 SMALL  
DRINKS.**

### WINTER/SPRING SWIM LESSONS

FEBRUARY 19<sup>TH</sup> – MARCH 15<sup>TH</sup>

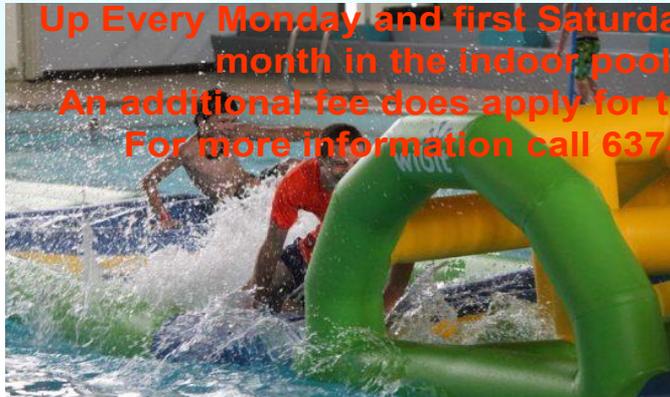
MARCH 19<sup>TH</sup> – APRIL 12<sup>TH</sup>

APRIL 16<sup>TH</sup> – MAY 10<sup>TH</sup>

### **\*\*WIBIT Indoor Obstacle Course\*\***

**Up Every Monday and first Saturday of every  
month in the indoor pool!**

**An additional fee does apply for the WIBIT.  
For more information call 637-7946.**



*Come Check  
Out Our NEW  
Desert Oasis  
Café!!*

### LAP SWIM INDOOR POOL

MONDAY-FRIDAY

5:30-8 AM, 11 AM -1 PM, 6:30-8:30 PM

### WATER AEROBICS

MONDAY-FRIDAY 8:30-9:30 AM

TUESDAY-THURSDAY 6:00-7:00 PM

### ADMISSIONS FEES

#### ***PUBLIC SWIM***

ADULT (12 AND OLDER)	\$4.00
CHILD (4-11 YRS.)	\$3.00
SENIOR	\$2.75
FAMILY OF FIVE	\$13.25
EACH ADDITIONAL	\$2.75

#### ***LAP SWIM***

ADULTS (18 AND OLDER)	\$2.00
CHILDREN AND SENIORS	\$1.75

#### ***WATER AEROBICS***

SINGLE ADMISSION	\$3.00
10 DAY PUNCH PASS	\$24.00
20 DAY PUNCH PASS	\$47.00
30 DAY PUNCH PASS	\$66.00

#### ***SWIM LESSONS***

EACH SESSION	\$35.00
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### **\*SPECIALTY NIGHTS\***

MONDAY: FAMILY NIGHT – FAMILY OF 5 FOR \$10.00

TUESDAY: BUY 1 REGULAR ADMISSION, GET 1 FREE

WEDNESDAY: \$1.00 NIGHT AFTER 4 PM

THURSDAY: STUDENT NIGHT – BRING YOUR STUDENT I.D. & GET IN FOR \$1.50

FRIDAY: GET A FREE TUBE WITH PURCHASE OF A REGULAR ADMISSION

SATURDAY: COME BEFORE 1:00PM AND GET \$1.00 OFF PAID ADMISSION

# CARBON COUNTY SENIOR ACTIVITIES CENTER

450 South Fairgrounds Way, Price 636-3202

## Price Senior Center Lunch

Monday - Friday at Noon  
59 to 13 years old must pay \$10  
23 years old and under \$7  
60 years old and above are suggested to donate \$3

## East Carbon Activities

**Lunch**  
Monday - Friday  
Noon

**Shopping**  
Thursday  
1:00 p.m.

**Billards**  
Monday - Friday  
8:30 a.m. to 4:30 p.m.

**Blood Pressure Clinic**  
1st and 3rd and last Wednesday  
11:00 a.m.

**Cards**  
Monday, Tuesday, Wednesday, and Friday  
1:00 p.m.

**Needle Arts**  
10:00 a.m. to noon

## Price Activities

**Lunch**  
Monday - Friday  
Noon

**Ceramic**  
Monday - Thursday  
10:00 a.m. to 4:00 p.m.

**Line Dancing**  
Monday, Tuesday, and Thursday  
9:00 a.m.

**Sewing Classes**  
Thursday  
1:30 p.m.

**Needle Arts**  
Tuesday  
10:00 a.m. to Noon

**Bowling at Jensen's Country Lanes**  
Friday  
1:00 p.m.

**Movie**  
Tuesday  
1:00 p.m.  
(Call for movie title)

**Billards**  
Monday - Friday  
8:00 a.m. to 4:00 p.m.

**Bingo**  
Wednesday  
1:00 p.m.

**Shopping**  
Monday and Thursday  
1:00 p.m.

**Computer Lab**  
Monday - Friday  
8:00 a.m. to 4:00 p.m.

**Fitness Room**  
Monday - Friday  
8:00 a.m. - 4:00 p.m.

**Zumba**  
Monday - 10:30 a.m.  
Wednesday and Friday 10:00 a.m.

**Game Room**  
Monday - Friday  
8:00 a.m. - 4:00 p.m.

**Blood Pressure Clinic**  
1st Wednesday, 2nd and 4th Monday  
10:00 a.m.

**Senior Toning**  
Tuesday and Thursday  
10:30 a.m.

**Chair Yoga**  
Wednesday  
10:30 a.m.

## Senior Center Gift Shop

**Open to Public**  
Homade items and other fun gifts.  
Come find that special gift for that special someone.

## Annual Senior Getaway

????  
Please call the Center for more information.  
636-3202

Public welcome!

## East Carbon Senior Center Hours

**Monday - Wednesday**  
8:30 a.m. - 4:30 p.m.

**Thursday**  
8:30 a.m. - 1:00 p.m.

**Friday**  
8:30 a.m. - 4:30 a.m.

Call 888-2194 for more information.

\*People under 60 must have a senior sponsor for all activities

Reel In Amazing Deals at



# Off Highway Vehicle Driver Training

877-887-2757  
Offered by Utah State Parks

<http://www.offroad-ed.com/ut/index.htm>

## Hunter Safety

435-613-3700  
Scheduled through the  
Division of Wildlife Resources

## Utah Safety Council

800-933-5943  
Safety and First Aid Training

## Food Handlers Permit Classes

Through Southeast Utah Health  
Department

435-637-3671

Scheduled monthly. Check with the Health  
Department for dates. You may now  
complete the Food Handlers class online at  
[www.seuhealth.com](http://www.seuhealth.com)

# GIRLS FASTPITCH SOFTBALL TOURNAMENTS

## DINO QUARRY CLASSIC

May 16th-17th

14U

## SAGEBRUSH SHOOTOUT

May 24th-25th

10U & 12U

## BLACK DIAMOND BRAWL

May 31st- June 1st

18U

## MONSTER MASH

October 25th-26th

12 U, 14U & 18U

Carbon County Fairgrounds Ballfields

*Carbon Rec is proud to bring  
to the community these  
USA Softball sanctioned  
tournaments.*



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# CARBON HIGH SCHOOL

## Wrestling

December 28  
Emery

December 22-26  
Moratorium

January 1  
Moratorium

January 3  
Delta

January 4-5  
State Duals at Richfield  
(JV and Varsity)

January 10  
at Juab

January 11-12  
TOC at Vernal

January 15  
Carbon vs N. Sanpete

January 18-19  
Rockwell Rumble  
(Heber City Events Center)

January 22  
Carbon vs S. Sevier

January 24  
at Moab

## Girls Basketball

December 28  
at West  
Sophomore, 12:00 p.m.  
JV, 1:40 p.m.  
Varsity, 3:00 p.m.

January 3  
at Maeser Prep  
Sophomore, 4:00 p.m.  
JV, 5:30 p.m.  
Varsity, 7:00 p.m.

January 8  
at Carbon vs. Union  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 15  
at ALA  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 17  
at Carbon vs Delta  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 22  
at Juab  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity 7:00 p.m.

January 24  
at Providence  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 29  
at Carbon vs Maeser Prep  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

February 5  
at Union  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

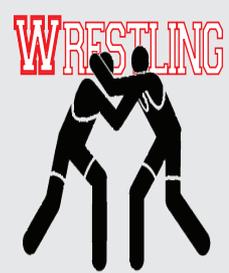
February 7  
at Carbon vs ALA  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

February 16  
1st Round State  
TBA

February 21-23  
State Tournament  
TBA



# YOUR PREMIER PROVIDER FOR LOCAL LIVE SPORTS!



# WINTER SPORTS SCHEDULE

## Boys Basketball

January 27  
at Canyon View SHCC

January 28  
at Canyon View SHCC

January 29  
at Canyon View SHCC

January 4  
Carbon vs Maeser Prep  
Freshman, 5:15 p.m.  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 5  
at Emery  
Freshman, 5:30 p.m.  
Sophomore, 4:00 p.m.  
JV, 5:30 p.m.  
Varsity, 7:00 p.m.

January 9  
at Carbon vs Union  
Freshman, 5:15 p.m.  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 16  
at Carbon vs ALA  
Freshman, 5:15 p.m.  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.

Varsity, 7:00 p.m.

January 18  
at Delta  
Freshman, 5:15  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 23  
at Carbon vs Juab  
Freshman, 5:15 p.m.  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

January 24  
at Altamont  
Freshman, 5:30 p.m.  
Sophomore, 7:00 p.m.

January 25  
at Carbon vs Providence Hall  
Sophomore, 3:30 p.m.  
JV, 5:15  
Varsity, 7:00 p.m.

January 30  
at Maeser Prep  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

February 5  
at Union  
Freshman, 5:15 p.m.

Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

February 8  
at ALA  
Freshman, 5:15 p.m.  
Sophomore, 3:30 p.m.  
JV, 5:15 p.m.  
Varsity, 7:00 p.m.

February 15  
1st Round of State  
TBA

February 21-23  
State Tournament  
TBA

## Swim

January 4th  
at Carbon High School  
Carbon vs. Richfield & Union

January 11th - 12th  
Canyon View (Cedar) Invite

January 19th  
at Carbon High School  
Last Chance Invite

January 24th  
Region  
TBD

February 7th -9th  
State Swim at BYU



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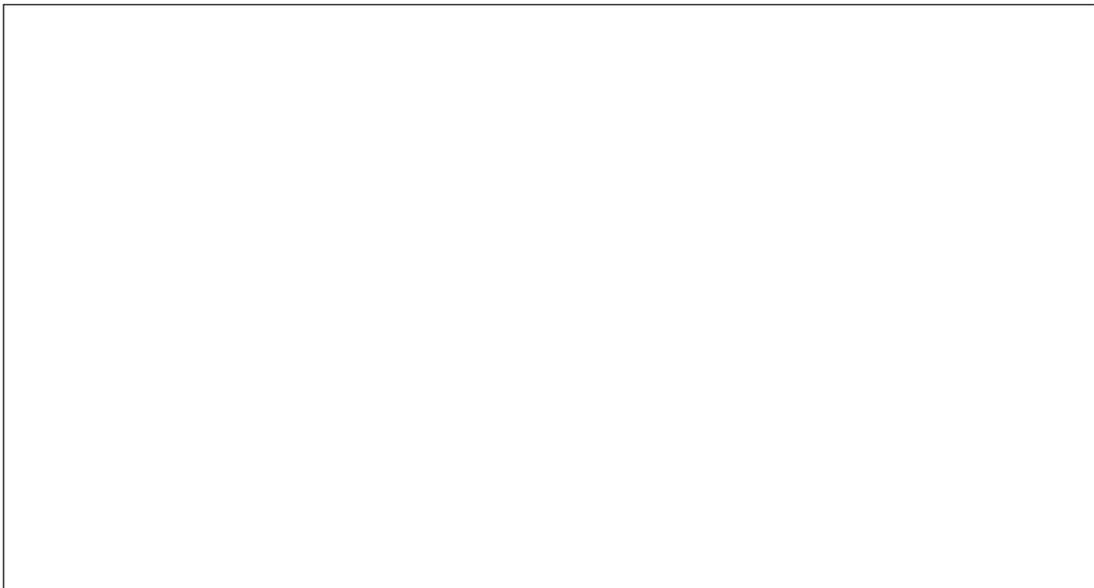
for your community

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# New AT CARBON REC

Carbon County Event Center has four 70 foot indoor hitting tunnels for rent for only \$20 per hour or \$30 per hour with a pitching machine and balls.

Also, beginning January 7, Carbon Rec will have open basketball on Mondays for anyone interested in one of our bays, on Sport Court at the Carbon County Event Center. Fees for playing are \$4 per night or \$20 per month. Play will be Mondays from 5 - 8 p.m.



## MIKE BALLARD FUNDRAISER

Carbon County Employees are once again sponsoring the 10th annual Mike Ballard Memorial Fundraiser on June 1, 2019. All proceeds from the golf tournament, concert and banquet will be donated to \_\_\_\_\_

If you would like to donate a prize for the drawing or volunteer at the event, please contact: Rose Barnes at 636-3290 or Carbon County Recreation at 636-3702.

# We can get you back in your game!

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# Carbon County Recreation Registration

You may be required to complete another registration form, depending on the program you are registering for. One registration per person, per program.

Program \_\_\_\_\_

Name of Participant \_\_\_\_\_ Gender \_\_\_\_\_

Legal Guardian (if under 18) \_\_\_\_\_

Address (Street, city, zip) \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

Telephone \_\_\_\_\_ Emergency Number \_\_\_\_\_

Email Address (Optional) \_\_\_\_\_

Medical Insurance Provider \_\_\_\_\_ Group Number \_\_\_\_\_

**I have these medical conditions that may affect my ability to participate safely in this activity (all medical conditions must be disclosed):**

\_\_\_\_\_

**I am currently taking these medications:** \_\_\_\_\_

**By signing this agreement, the participant and legal guardian(s) agree to the following terms:**

1. You are responsible for your own safety. Do not do anything you do not accept full personal responsibility for doing.
2. To immediately obey instructions of guides, instructors, and program directors. This if for your own safety.
3. Some recreation activities are potentially dangerous. Injury or even death may occur, even though all precautions are taken.
4. All participants must seek health advice from a medical professional before engaging in vigorous activities. Failure to do so could result in serious injury.

Carbon County Recreation is not responsible for people pushing themselves beyond their physical ability.

**I understand** vehicle travel is one of the most dangerous activities a person can be involved in. I understand accidents occur and people are injured due to accidents. It is a fact of life. I recognize it and hold no one responsible while I am riding in a Carbon County vehicle, regardless who is responsible for the accident.

## Acknowledgement of risk and liability release

I understand recreation activities can be potentially dangerous. I will seek advice from a medical professional prior to undertaking rigorous physical exertion. If I choose not to do this, I accept responsibility for all consequences. With this understanding, I agree to all terms and conditions listed herein. I realize that signing this document is not a mere formality, but a legal document and recognize its validity in a court of law.

I, the undersigned, have read and understand the above warnings, and do hereby agree to release and agree to hold harmless Carbon County and Carbon County Recreation, as well as instructors, volunteers, and sponsors, of all claims, demands, actions, and causes of action at law or equity, arising by reason or in manner growing out of participation in recreation activities and events. I understand no insurance is provided, and accept full responsibility for securing appropriate medical insurance. I agree to reimburse Carbon County for any loss sustained from actions taken in accordance with the program I am registering for or this agreement.

In addition, I certify that I am in good physical condition and that I have no medical problems that will prohibit my safe participation in this program. I accept full responsibility for my wellbeing and hold no one responsible for anything that may happen to me while participating in this program, regardless who may be at fault.

My image may be used in any and all promotional material associated with Carbon Rec.

I have read and understand this agreement and agree to abide by its terms and conditions.

Participant \_\_\_\_\_ Date \_\_\_\_\_

Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

# Carbon County Fairgrounds

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[www.carbon.utah.gov/fairgrounds](http://www.carbon.utah.gov/fairgrounds)